

Professional Karate St
 815 Highway 10
 Elk River, MN. 55330
 www.professionalkaratestudios.com

Elk River School
 (763)-241-1594

Mr. C
 Mrs. Anderson
 Ms. Provo

Effective February 20th, 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11am-Noon 7yrs. thru Adult White - Black		11am-Noon 7yrs. thru Adult White - Black		Private Lessons Scheduled by Mrs. Anderson
4:30 - 5:00 7yrs. thru Adult White - Gold Stripe	4:30 - 5:00 Little Dragons All Belts	4:30 - 5:15 7yrs. thru Adult Brown - Black	4:30-5:00 Little Dragons All Belts	4:30 - 5:15 7yrs. thru Adult Brown - Black	
5:00 - 5:30 Little Dragons All Belts	5:00 - 5:30 7yrs. thru Adult White - Gold St	5:15 - 5:45 Sparring Blue - Black	5:00 - 5:30 7yrs. thru Adult White - Gold St	5:15 - 5:45 Sparring Blue - Black	
5:30 - 6:00 7yrs. thru Adult Gold - Green	5:30 - 6:00 7yrs. thru Adult Gold - Green	5:45 - 6:15 Weapons Purple - Black	5:30 - 6:00 7yrs. thru Adult Gold - Green	5:45 - 6:15 Weapons Purple - Black	
6:00 - 6:45 7yrs. thru Adult Blue - Red	6:00 - 6:45 7yrs. thru Adult Blue - Red	6:15 - 7:00 7yrs. thru Adult Blue - Red	6:00 - 6:45 7yrs. thru Adult Blue - Red	6:15 - 7:00 7yrs. thru Adult Green - Red	
6:45 - 7:15 Weapons Purple - Black	6:45 - 7:15 Weapons Purple - Black	7:00 - 7:30 Little Dragons All Belts	6:45 - 7:15 Sparring Blue - Black	7:00 - 7:30 Little Dragons All Belts	
7:15 - 8:00 7yrs. thru Adult Brown - Black	7:15 - 7:45 Sparring Blue - Black	7:30 - 8:00 7yrs. thru Adult White - Gold Stripe	7:15 - 8:00 7yrs. thru Adult Brown - Black	7:30 - 8:00 7yrs. thru Adult White - Green St	
8:00 - 8:45 Hyper Pro-Training Enroll Separately	7:45 - 8:30 7yrs. thru Adult Brown - Black	8:00 - 8:30 7yrs. thru Adult Gold - Green	8:00 - 8:45 Hyper Pro-Training Enroll Separately		

If you have any questions or problems with the scheduled times please see Mrs. Anderson

Little Dragons are 4-6 year olds and are enrolled for the Little Dragon classes only, please attend only one class per day.