

Professional Karate Studio  
 6511 Ware Rd. Suite 160  
 Lino Lakes, MN 55014  
 www.professionalkaratestudios.com

Lino Lakes  
 (651)-484-4371

Mr. Cornelius  
 Ms. Provo  
 Mr. Scott  
 Mr. Walker

Effective March 1st, 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 - 5:30 7yrs. thru Adult Gold - Green	5:00 - 5:30 Little Dragons All Belts	5:00 - 5:45 7yrs. thru Adult Brown - Black	5:00 - 5:30 Little Dragons All Belts	5:00 - 5:30 Little Dragons All Belts	Private Lessons To be set up by Mr. Scott
5:30 - 6:00 7yrs. thru Adult White - Gold Stripe	5:30 - 6:00 7yrs. thru Adult White - Gold Stripe	5:45 - 6:15 Little Dragons All Belts	5:30 - 6:00 7yrs. thru Adult White - Gold Stripe	5:30 - 6:00 7yrs. thru Adult White - Gold Stripe	
6:00 - 6:30 Little Dragons All Belts	6:00 - 6:30 7yrs. thru Adult Gold - Green	6:15 - 6:45 7yrs. thru Adult White - Gold Stripe	6:00 - 6:30 7yrs. thru Adult Gold - Green	6:00 - 6:30 7yrs. thru Adult Gold - Green	
6:30 - 7:15 7yrs. thru Adult Brown - Black	6:30 - 7:15 7yrs. thru Adult Blue - Red	6:45 - 7:15 7yrs. thru Adult Gold - Green	6:30 - 7:15 7yrs. thru Adult Blue - Red	6:30 - 7:15 7yrs. thru Adult Blue - Red	
7:15 - 7:45 Sparring Blue - Black	7:15 - 7:45 Sparring Blue - Black	7:15 - 8:00 7yrs. thru Adult Blue - Red	7:15 - 7:45 Sparring Blue - Black	7:15 - 8:00 7yrs. thru Adult Brown - Black	
7:45 - 8:30 7yrs. thru Adult Blue - Red	7:45 - 8:30 7yrs. thru Adult Brown - Black	8:00 - 8:30 Hyper Pro Training Enroll Seperately	7:45 - 8:30 7yrs. thru Adult Brown - Black	8:00 - 8:30 Hyper Pro Training Enroll Seperately	

If you have any questions or problems with the scheduled times please see Mr. Scott.

Little Dragons are 4-6 year olds and are enrolled for the Little Dragon classes only.

Hyper Pro Training is an extra class, Please enroll seperately.