

Professional Karate Studio
 6511 Ware Rd. Suite 160
 Lino Lakes, MN 55014
 www.professionalkaratestudios.com

Lino Lakes
 (651)-484-4371

Mr. Cornelius
 Ms. Provo
 Mr. Scott

Effective September 4th, 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 - 5:45 7yrs. thru Adult Blue - Black	5:00 - 5:30 Little Dragons All Belts	5:00 - 5:45 7yrs. thru Adult Blue - Black	5:00 - 5:30 Little Dragons All Belts	5:00 - 5:30 Little Dragons All Belts	9:30 - 10:00 Little Dragons All Belts
5:45 - 6:15 Sparring Blue - Black	5:30 - 6:00 7yrs. thru Adult White - Green	5:45 - 6:15 Sparring Blue - Black	5:30 - 6:00 7yrs. thru Adult White - Green	5:30 - 6:00 7yrs. thru Adult White - Green	10:00-10:30 7yrs. thru Adult White - Green
6:15 - 6:45 Weapons Blue - Black	6:00 - 6:30 Weapons Purple - Black	6:15 - 6:45 Weapons Blue - Black	6:00 - 6:30 Weapons Purple - Black	6:00 - 6:45 7yrs. thru Adult Blue - Black	10:30-11:15 7yrs. thru Adult Blue - Black
6:45 - 7:15 Little Dragons All Belts	6:30 - 7:15 7yrs. thru Adult Blue - Black	6:45 - 7:15 Little Dragons All Belts	6:30 - 7:15 7yrs. thru Adult Blue - Black	6:45 - 7:15 Weapons Purple - Black	11:15 - 11:45 Weapons Purple - Black
7:15 - 7:45 7yrs. thru Adult White - Green	7:15 - 7:45 Sparring Blue - Black	7:15 - 7:45 7yrs. thru Adult White - Green	7:15 - 7:45 Sparring Blue - Black		
	7:45 - 8:30 Hyper Pro Training Enroll Seperately		7:45 - 8:30 Hyper Pro Training Enroll Seperately		

If you have any questions or problems with the scheduled times please see Mr. Scott.

Little Dragons are 4-6 year olds and are enrolled for the Little Dragon classes only.

Hyper Pro Training is an extra class, Please enroll seperately.