

EFFECTIVE DATE: Wednesday October 26th 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 TO 5:30 LITTLE DRAGONS ALL BELTS	5:00 TO 5:30 LITTLE DRAGONS ALL BELTS	5:00 TO 5:30 LITTLE DRAGONS ALL BELTS	4:45 TO 5:30 ALL AGE RED THRU BLACK	5:00 TO 5:30 LITTLE DRAGONS ALL BELTS	10:00 TO 10:30AM LITTLE DRAGONS ALL BELTS
5:30 TO 6:20 ALL AGE BROWN THRU BLACK	5:30 TO 6:20 ALL AGE ROOKIE/WHITE THRU GREEN STRIPE	5:30 TO 6:15 ALL AGE GREEN THRU RED	5:30 TO 6:15 ALL AGE ROOKIE/WHITE THRU GREEN STRIPE	5:30 TO 6:20 ALL AGE ROOKIE/WHITE THRU GREEN	10:30 TO 11:20 ALL AGE ROOKIE/WHITE THRU GREEN STRIPE
6:20 TO 7:05 ALL AGE GREEN THRU RED	6:20 TO 7:00 ALL AGE GREEN THRU RED	6:15 TO 7:00 ALL AGE ROOKIE/WHITE THRU GREEN STRIPE	6:15 TO 7:00 ALL AGE GREEN THRU RED 7:00 TO 7:20 BLUE THRU BLACK BO / KAMA	6:20 TO 7:20 ALL AGE BLUE THRU BLACK FORM & SPARRING	11:20 TO 11:35AM BLUE THRU BLACK BO / KAMA
7:05 TO 7:50 ALL AGE ROOKIE/WHITE THRU GREEN STRIPE	7:00 TO 7:15 BLUE THRU BLACK BO / KAMA	7:00 TO 7:45 ALL AGE BROWN THRU BLACK	7:20 TO 7:45 ALL AGE GOLD THRU BLACK SPARRING		11:35 TO 12:25PM ALL AGE GREEN THRU BLACK
7:50 TO 8:35 ALL AGE RED THRU BLACK	7:15 TO 7:40 GOLD THRU BLACK SPARRING	7:45 TO 8:45 TEEN & ADULT KICKBOXING CLASS KARATE STUDENTS WELCOME	7:45 TO 8:30 ALL AGE RED THRU BLACK		
7:50 TO 8:35 TEEN & ADULT ALL BELT	7:40 TO 8:20 ALL AGE BROWN THRU BLACK		7:45 TO 8:30 TEEN & ADULT ALL BELT		

KIDS CLASS: 6 YEARS TO 12 YEARS TEEN/ADULT CLASS: 13 YEARS AND OLDER
LITTLE DRAGONS PROGRAM - 4 TO 6 YEARS OLD
LITTLE DRAGONS PLEASE ATTEND ONLY LITTLE DRAGON CLASSES



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